



List of symptoms:

- Sleep problems (insomnia, difficulty falling asleep, night waking, nightmares)
- Stress, agitation, anxiety, irritability
- Headaches, sharp pain or pressure in the head
- Ringing in the ears, ear pain, high pitched ringing
- Nose bleeds, Sinus problems
- Concentration, memory or learning problems
- Fatigue, muscle or physical weakness
- Disorientation, dizziness, or balance problems
- Eye problems, including eye pain, pressure in the eyes,
- Cardiac symptoms, heart palpitations, heart arrhythmias, chest pain
- Leg cramps, or neuropathy
- Arthritis, body pain, sharp, stabbing pains
- Flu-like symptoms, Nausea
- Respiratory problems, cough, asthma
- Skin rashes, facial flushing
- Urinary problems
- Endocrine disorders, thyroid problems, diabetes
- High blood pressure
- Changes in menstrual cycle
- Hyperactivity or changes in children's behavior
- Seizures
- Recurrence of cancer
- Taken from [EMF Safety Network Survey 2011](#)
- [Symptoms after Exposure to Smart Meter Radiation](#) By Dr. Ron Powell